

Technical Regulations and Requirements SOLO and COUPLES DANCE 2d division and master division

- The first categories (from ‘jeunes talents’ to ‘préparatoire’), will skate the free dance program only. They will take part in the 2d division competition only.
- For the following categories (starting with ‘avenir’) skaters will have the choice to skate:
 - Pattern dances only (2 dances),
 - Free Dance only,
 - Combined event- Pattern Dance (1st listed pattern dance) plus a Free Dance program.

The winners of the Pattern Dances categories and the Free Dance categories will be awarded a medal. The winners of the combined events will be awarded a trophy.

JEUNES TALENTS (highest test passed- 6^{ème} cristal)
Category : Poussins/Benjamins (classed together as one group).

Free Dance only : 1 minute.

INTERMEDIAIRE (highest test passed- 7^{ème} cristal)
Categories : Poussins/Benjamins (classed together)
Minimes/Novices (classed together).

Free Dance Only - solo and couples : 1 minute (1 attitude, 1 series of turns including ‘three turns’).

PRELIMINAIRE (highest test passed-: préliminaire)
Categories : Poussins/Benjamins (classed together)
Minimes/Novices (classed together).

Free Dance Only - solo and couples : 1 minute 30 sec (1 attitude, 1 two-foot spin, 1 straight line step sequence).

PREPARATOIRE (highest test passed-: préparatoire)
Categories : Benjamins/Minimes (classed together)

Age limits for Inline Dance

In International Competitions only Skater who has met the following requirements before August 1st preceding these Events:

a) In International Senior Competitions only Skaters may compete who have reached at least the age of fifteen (15) before August 1st preceding the competition.

b) In International Junior Competitions a Junior is a Skater who has met the following requirements before August 1st preceding these Events:

- has reached at least the age of thirteen (13);
- has not reached the age of nineteen (19) for Ladies and the age of twenty-one (21) for Men in Pair competition.

c) Adult silver is a skater who has met the following requirements before August 1st preceding these Events:

- has reached at least the age of sixteen (16);

d) Adult Master Dance Pair are 2 skaters who has met the following requirements before August 1st preceding these Events:

- the sum of age of both partners has reached at least the age of (62);

Free Dance Only - solo and couples : 1 minute 30 sec (1 attitude, 1 spin (any type), 1 step sequence skated on ½ circle performed at center floor in the counter clockwise direction, 1 pivot.

CATEGORIES	SOLO		COUPLES	
AVENIR <10 years				
PATTERN	Fiesta Tango (3 sequences) Ten Fox		Ten Fox (3 sequences) Fiesta Tango	
FREE DANCE	2 attitudes- 1 must be a spiral ; 1 pivot ; 1 diagonal step sequence including at least 1 twizzle ; 1 spin minimum 2 revolutions	1'30 (+/- 10 s)	1 short lift ; 1 diagonal or midline step sequence ; 1 dance pair spin minimum 2 revolutions ; 1 synchronized twizzle	2' (+/- 10 s)
MINIMES > 10 years and <13 years at August 1 st 2014				
PATTERN	14 Step (4 sequences) Foxtrot		European Waltz (2 sequences) 14 Step	
FREE DANCE	1 circular step sequence including turns ; 1 spin minimum 3 revolutions ; 1 set of twizzles.	2' (+/- 10 s)	2 different lifts (6 secs. max.) ; 1 dance pair spin with minimum 3 revolutions ; 1 circular step sequence; 1 set of synchronized twizzles.	2'30 (+/- 10 s)

NOVICES				
has not reached the age of fifteen (15) for ladies and seventeen (17) for men ; and be over twelve(>12) at Aug 1 st 2014				
PATTERN	Tango (2 sequences) Kilian		Rocker (2 sequences) Kilian	
FREE DANCE	1 figure 8 step sequence including many different turns; 1 combination spin (minimum 2 revolutions on the 1st foot and minimum 2 revolutions on the 2 nd foot);1 set of twizzles.	2' (+/- 10 s)	3 different lifts (2 short, 1 long) ; 1 dance pair spin or 1 set of synchronized twizzles ; 2 different step sequences : - 1 serpentine or circular - 1 midline or diagonal	3' (+/- 10 s)
JUNIORS				
has not reached the age of fifteen (19) for ladies and seventeen (21) for men ; and be over twelve(>13) at Aug 1 st 2014				
PATTERN	Blues (3 sequences) Paso Doble		Paso Doble (3 sequences) Starlight Waltz	
FREE DANCE	1 figure 8 step sequence including many different turns; 1 combination spin (minimum 3 revolutions on the 1st foot and minimum 2 revolutions on the 2 nd foot);1 set of twizzles; 1 spiral with change of edge.	2'30 (+/- 10 s)	4 different lifts (2 short, 2 long) ; 1 dance pair spin ; 1 set of synchronized twizzles ; 2 different step sequences : - 1 serpentine or circular - 1 midline or diagonal	3'30 (+/- 10 s)
SENIORS				
Over 15 years old				
PATTERN	Paso Doble (3 sequences) Starlight Waltz		Argentine Tango (2 sequences) Paso Doble	
FREE DANCE	1 figure 8 step sequence including many different turns; 1 combination spin (minimum 3 revolutions on the 1st foot and 3 revolutions minimum on the 2 nd foot) ;1 set of twizzles ; 1 spiral with change of edge.	2'30 (+/- 10 s)	4 different lifts (2 short, 2 long) ; 1 dance pair spin; 1 set of synchronized twizzles ; 2 different step sequences: - 1 serpentine or circular - 1 midline or diagonal	4' (+/- 10 s)
ADULTS				
PATTERN	Fiesta Tango (3 sequences) 14 Step		14 Step (4 sequences) Fiesta Tango	
FREE DANCE	1 circular step sequence ; 1 attitude (spiral, spread eagle, etc...) ;1 spin	2' (+/- 10 s)	1 diagonal step sequence ; 2 attitudes -1 must be a spiral ; 1 dance pair spin (minimum 2 revolutions).	3' (+/- 10 s)
ADULTS MASTERS sum of both age is + 62 years				

PATTERN	Starlight Waltz (2 sequences) Argentine Tango		Paso Doble (3 sequences) Viennese Waltz	
FREE DANCE	1 figure 8 step sequence including many different turns ; 1 spin ;1 set of twizzles ; 1 spiral with change of edge.	2'30 (+/- 10 s)	3 different lifts (2 short, 2 long) ; 1 dance pair spin ; 1 set of synchronized twizzles ; 2 different step sequences : - 1 serpentine ou circular - 1 midline or diagonal	3'30 (+/- 10 s)

Vocal Music is permitted for the Free Dance

The judges will focus on edge quality and the use of music in timing and interpretation.